

The corona vaccine

About the vaccine

You will find general information about the vaccine translated into a number of languages such as text / audio here: <https://www.fhi.no/publ/informasjonsark/koronavaksine-pa-1-2-3/>

There are several companies that develop the corona vaccine. In Indre Fosen kommune, we provide the vaccine from Pfizer/ BioNTech at the moment. But the vaccine from Moderna may be added and possibly vaccines from other suppliers. You'll find translated information into English about the vaccines here:

[Vaksine mot koronavirus - Comirnaty \(BioNTech og Pfizer\)](#)
[Vaksine mot koronavirus - COVID-19 Vaccine Moderna](#)

When will you be offered a vaccine?

There is not enough vaccine for everyone at the same time. Therefore, Indre Fosen kommune offers vaccines to the inhabitants in an order decided by the government. You can see the order on this website:

And in English: indrefosen.kommune.no/corona

We offer vaccines to residents in Indre Fosen kommune, but also to people who stay here temporarily for work.

How to book an appointment for vaccination

When Indre Fosen kommune has a vaccine to offer people in your age group, we send an SMS to your mobile phone. The message says that you can go to a website and book an appointment. On the website, log in with an electronic ID and choose the place and time for when you want the vaccine. If you do not have an electronic ID or for other reasons cannot use the website, call (+47) 74 85 51 00 weekdays 10 am-2 pm.

If you are not registered as a resident in Indre Fosen kommune (National Population Register), you'll not receive an SMS from us because we don't have access to your contact information. If that's the case, you can either ask your employer to contact us, or call us directly: (+47) 74 85 51 00 weekdays 10 am-2 pm.

Where are the vaccination facilities?

When you book an appointment, you choose either Rissahallen or Smia. In addition, select the date and time. Rissahallen is the red building above Åsly school in the center of Rissa. Smia (Hallvegen 148) is located next to Johan Bojer school in Leksvik.

You must remember this on the day you are getting your vaccine

- It is important that you show up on time. If you become ill, are in a quarantine or for other reasons are unable to attend the appointment, you must notify us: call (+47) 74 85 51 00
- Wear clothes that allow the nurse to easily put the vaccine on top of your upper arm.
- Bring ID.
- In the facilities: keep distance from others and wear a face mask.
- If you have not booked the appointment online, you must fill in a self-declaration form. See self-declaration form in several languages:

<https://www.fhi.no/publ/skiema/egenerklaringsskiema-for-koronavaksinasjon/>

- The corona vaccine is given in two doses. Once you have received the first vaccine, you will also receive an appointment for dose 2.
- After receiving the vaccine, sit down and wait before returning home. You will be told how long to sit down.
- Side effects: Read more about common side effects and when you should contact a doctor: <https://www.fhi.no/publ/informasjonsark/koronavaksine-pa-1-2-3/>

Corona and infection control

Indre Fosen kommune follows the national infection control measures that the Norwegian government has introduced. You will find an overview of the measures translated into several languages here:

<https://www.regjeringen.no/en/topics/koronavirus-covid-19/corona-information-in-other-languages/id2814563/>

You can also call a person who speaks other languages and get information about national measures:

The number is 815 55 015.

Key options for the different languages are:

- English: first enter 9 for language menu, enter 1
- Polish: first enter 9 for the language menu, enter 2
- Arabic: first enter 9 for language menu, enter 3
- Somali: first enter 9 for language menu, enter 4
- Urdu: first enter 9 for language menu, enter 5

If major outbreaks of coronavirus occur in Indre Fosen, there may be stricter rules here than those that apply nationally in Norway. We will then update the website www.indrefosen.kommune.no If you use a PC, you can translate the page with Google translate by clicking on "Translate" at the top right.

Book corona testing

Do you have symptoms of coronavirus? See translated information about symptoms and what to do if you become ill on this page:

<https://www.fhi.no/nettpub/coronavirus/infomateriell/generell-informasjon-koronavirus-pa-flere-sprak/>

You can book an appointment online at https://timebestilling.remin.no/indre_fosen

If you cannot use the digital order, call the doctor's office on telephone 41 70 24 00.

